



# **R.B. SERVICES**

Health & Safety Consultancy

## **Emergency First Aid at Work**

**Summary:** To give the student knowledge of basic first aid. Enabling them to preserve life and stabilise a casualty until more advanced help arrives.

**Suitable for:** Nominated workplace first aiders, or anyone wanting a comprehensive introduction to first aid. The course is compliant with Health and Safety (first aid) regulations, and will give confidence and knowledge to deal with first aid emergencies.

**Course Tutors:** Our course tutors are construction site practitioners with a vast experience of on-site realities. They are also Chartered Members of the Institute of Occupational Safety and Health (CMIOSH); and also qualified and experienced Members of the Institute for Learning (MifL).

**Aims** Confidence and knowledge.

**Course Method:** Classroom tutorials, practical practice, continuous assessment

**Award:** HSE accredited first aid certificate (valid for three years), First aid manual, and Pocket face shield key ring.

*To ensure requalification a two day First Aid at work Requalification course must be passed within 28 days of expiry of the original First Aid at work Certification*

**Cost:** Please contact our office for prices per delegate, in-house or group bookings

**Duration :** 2 Days

For further information please call: Robin Bradley 0870 6083223 or email [rob@rbservices.biz](mailto:rob@rbservices.biz)